



SAFER OPTIONS: ALTERNATIVES TO OPIOIDS FOR PAIN MANAGEMENT

National Prevention Week

May 13-19 2018

May 17th, 2018 6:30 pm - 8:00 pm

Individuals interested in alternatives to opioid pain medication

Topics To Be Discussed:

- ⇒ Osteopathic techniques such as Bowen Therapy, craniosacral therapy and manipulation
- ⇒ Benefits of physical therapy assisting those struggling with pain, helping them learn to strengthen their bodies and actively manage their symptoms
- ⇒ Introduction to modalities such as: acupuncture,, massage therapy, chiropractic treatment and herbs

**Held at the
Manchester
Community Y**

78 N Main Street

Manchester, CT

06042



Guest Speakers

Doctors from Collaborative Natural Health Partners in Manchester, CT. A group of Naturopathic and Osteopathic primary care doctors and acupuncturists who treat the whole person.



Staff of Collaborative Natural Health Partners

To register please call the Manchester Health Department at (860)647-3173