

Protection Against Mosquitos Carrying West Nile Virus

The Manchester Health Department advises all Manchester residents to protect themselves from mosquitoes carrying the West Nile Virus. Mosquito-borne illness is a threat to take seriously from now until well into September. No West Nile Virus associated illnesses among human have been diagnosed in Connecticut at this time.

To reduce your risk of being bit by mosquitoes, residents can:

- Minimize times spent outdoors between dusk and dawn when mosquitoes are most active.
- Be sure door and window screen are tight fitting and in good repair.
- Wear shoes, socks, long pants and a long sleeve shirt when out doors for long periods of time or when mosquitoes are most active and clothing should be light colored and made of tightly woven materials that keep mosquitoes away from the skin.
- Use mosquito netting when sleeping outdoors or in an unscreened structure.
- Consider the use of mosquito repellent, according to directions, when it is necessary to be outdoors.

For information about West Nile virus, or other mosquito-borne diseases check the Health Department's website at <http://health1.townofmanchester.org/> or the CDC site: https://www.cdc.gov/chikungunya/pdfs/fs_mosquito_bite_prevention_us.pdf .